



# TABLE TALKS

## Courageous conversations around the boardroom table



Join kinSHIFT and IndigenEYEZ on a journey of transformation. Our Table Talks program creates peer-led spaces where you can step into meaningful discussions about colonization, privilege, and shared responsibility — with thoughtful guidance and resources in place to support you.

### Helping organizations take reconcili**ACTION**

Table Talks is an experience designed by Indigenous people to help settlers talk about reconciliation. This is an opportunity to:

- Do the internal work of examining the impacts of colonization on Indigenous and non-Indigenous peoples - and situate this in the workplace.
- Learn relational skills that support honesty, curiosity, and capacity for shifting mindsets.
- Build skills to be in relationship with Indigenous peoples in a way that doesn't require the emotional labor of Indigenous peoples or put them at risk of harm.

### What is Table Talks for Organizations?

Table Talks is structured in five peer-learning sessions that are designed to be led by several members of your team. Sessions come with a step-by-step Guidebook, resources, and lots of support. We offer two pathways, depending on your needs and capacity.



#### BACKPACK TRIP

for organizations that are ready to go!

- User-friendly session plans
- Training videos to experience the structure
- Curated handouts with lots of resources
- Coaching support from the kinSHIFT team

Fees start at \$4,500 depending on the needs and scope of your organization



#### GUIDED TOUR

for organizations that seek closer support from kinSHIFT

This pathway builds capacity on your team to eventually host Table Talks on your own.

- This package includes everything in the Backpack, PLUS:
- kinSHIFT hosts your Table Talks sessions
- kinSHIFT coaches your team members in the art of hosting

Fees start at \$9,000 depending on the needs and scope of your organization

CONNECT WITH US





*“Table Talks gave me a glimpse of a brighter future for our country.”*  
— kinSHIFT participant

### kinSHIFT Offerings for Organizations

kinSHIFT programs are a gift from our Indigenous-led team to all the curious and committed Canadians who have asked for our help in understanding better and working together in a good way. We regularly hear about the transformative impact of kinSHIFT.

ELEMENTS OF TRUTH	TABLE TALKS	JOURNEY TOGETHER
4 Indigenous-led online workshops	5 curated and in-depth conversations within your team	Tailored coaching for leadership
For individuals	For teams	For senior leaders
Raise awareness and explore biases, learn and practice new ways of seeing and being.	Consider our own experiences and explore how to integrate new understandings	Explore the role of leaders in learning and integrating within organizational culture, policies and ways of working
<b>\$475/person</b> <a href="#">REGISTER</a> : Workshops start Oct. 9 <a href="#">Contact us</a> for group pricing	<b>\$4,500 - \$15,000</b> Sliding scale based on need and scope <a href="#">Book a discovery call</a>	Let's discuss your needs and goals <a href="#">Book a discovery call</a>



### Giving Back to Indigenous Communities

Table Talks is part of the kinSHIFT offerings for settlers developed by [IndigenEYEZ](#). Revenue from kinSHIFT settler programs directly supports the IndigenEYEZ mission of equipping Indigenous leaders and community champions with skills for making collective change and building a brighter future.



Table Talks is a partnership between [kinSHIFT](#) and the [Community Foundation of the South Okanagan Similkameen](#) (CFSOS). We gratefully acknowledge funding from CFSOS and the [Vancouver Foundation](#).

